



Electric mobile lifting solutions that improve your working environment.

A lift trolley with tools, adapted to your requirements.

- Effective
- Ergonomic
- Safe



Lift and Drive!

# Lift & Drive®

## **Advantages**

Since 1989, our Lift & Drive has ensured a better working environment while also reducing the number of employees on sick leave due to work related and repetitive-strain injuries. Lifting becomes easier and safer therefore reducing the risk of injury. We design and manufacture our trolleys ourselves so they are available in various sizes, designs and models.

The range of models offer many different possibilities because they can be customized. This guarantees that you get a trolley that meets your needs perfectly. The Lift & Drive is battery operated and requires very little maintenance.

## **Secure Handling**

For maximum safety, all Lift & Drive trolleys are equipped with a built in safety clutch, which automatically disengages when lowering the load if it should encounter an obstacle. The column has a screw drive which makes them reliable and durable over many years of service.

”  
Ergonomics  
and economics  
go hand in hand,  
thinking ergonomically  
is to think economically.

”

# Which trolley in our family suits you best?

P

## Professional P trolley solutions

Largest, most stable, powerful and most flexible in the family.

The unique and proven modular concept with associated tools provides unlimited possibilities to solve your need.

IE

## Industrial Eco IE trolley solutions

Middle child is good at compromising.

Made with a fully welded chassis, which gives the solution a good stability.

E

## Eco E trolley solutions

This is the little one in the family.

Easy and flexible solution. It is available in both standard and industry-adapted designs. The chassis is neat and narrow, which makes it a lot smooth and easy to maneuver.

All our lifting trolleys are equipped with a built in safety clutch to avoid risk of squeeze and tipping injuries. Our entire range of lifting trolleys are available in painted or stainless steel.

Lift & Drive® P  
For demanding  
industrial environments

Lift & Drive® IE  
For demanding  
industrial environments

Lift & Drive® E  
For less demanding  
industrial and other environments





”  
Tailor made for  
your area of use  
and your working  
environment.  
”

# Lift & Drive P

## Our completely modular family member

A unique, modular concept forms the basis of our P-trolleys, giving you and us virtually unlimited opportunities to create a lifter which is perfectly suited to your needs.

## Many different types of chassis

We offer chassis of variable widths, heights and lengths as well as custom made ones.

## Select desired load capacity

Personalise your Lift & Drive to meet the handling requirements in your premises. The load capacities are: 90 kg, 130 kg, 175 kg, 225 kg or 325 kg. All this with the best ratio between own weight and load weight.

## Variable lifting heights

The lifting columns can be supplied in different standard heights, but can also be custom made to provide the exact desired stroke.

As an alternative we also offer a telescopic lifting column that enables you to double the lifting height

## Different sets of wheels

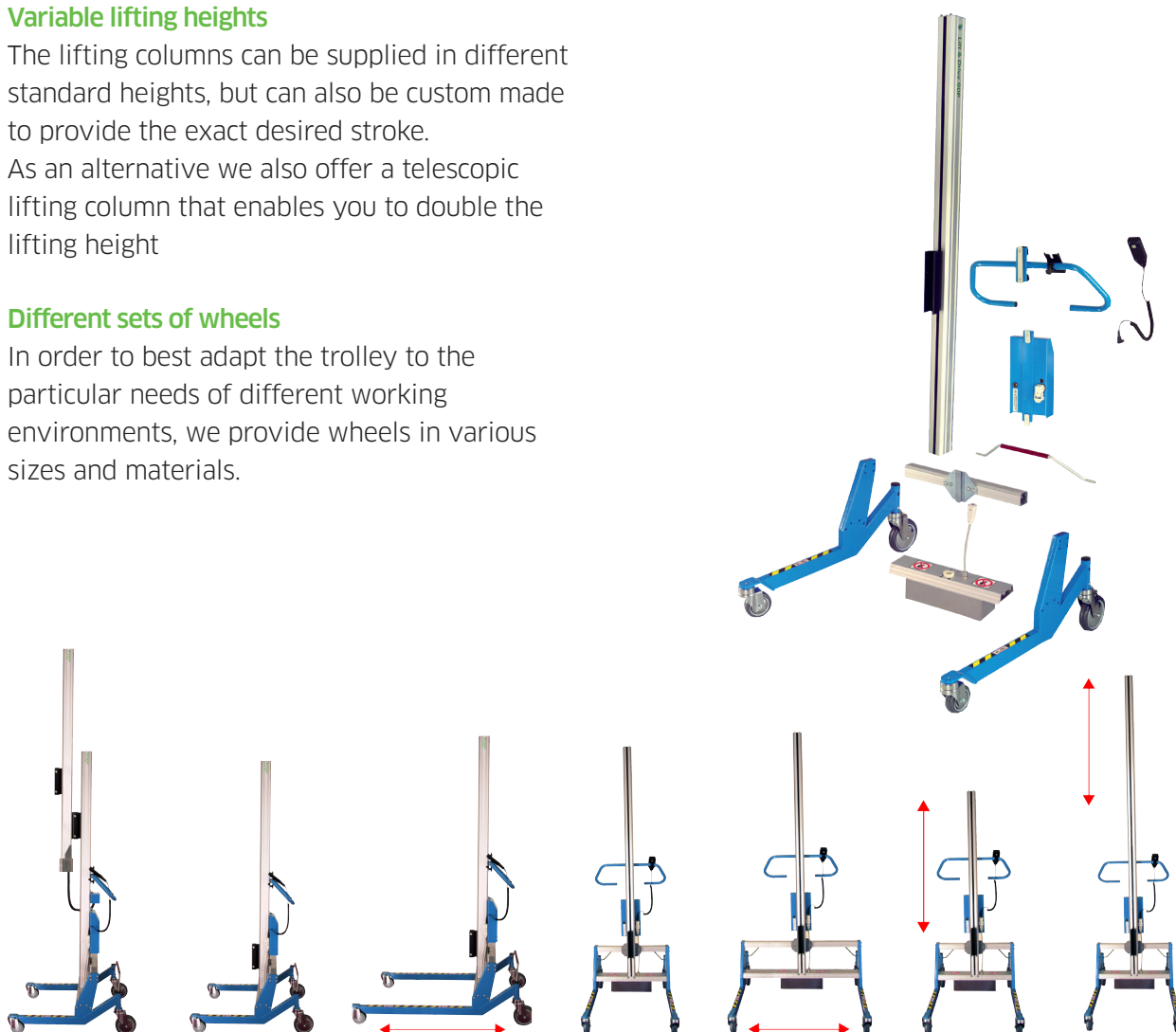
In order to best adapt the trolley to the particular needs of different working environments, we provide wheels in various sizes and materials.

## Tools - Attachments

We have a large number of standard tools such as loading platforms, forks, scales/counting scales, Squeeze & Turn (our clamping tool that grips the goods you are handling firmly, from the outside while also lifting and rotating it), and our pneumatic expander, Expand & Turn, (intended for handling reels when you need to lift/rotate from the core). We also manufacture many customer-specific tools.

## 3-step brake

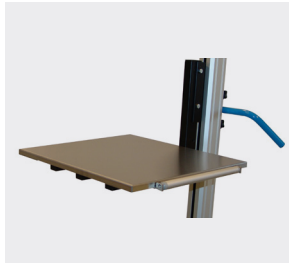
In addition to the central brake, the P-trolleys also have a directional lock on the rear wheels.



# Tools - some of our standard load carriers.



Platform



Platform with edge rolls



Platform with 3 rollers



Roller Platform with side feeding and locking



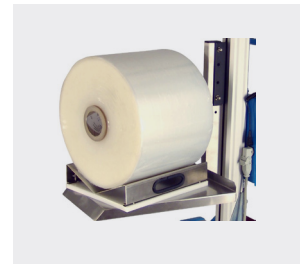
Roller Platform with front loading and locking



Scales



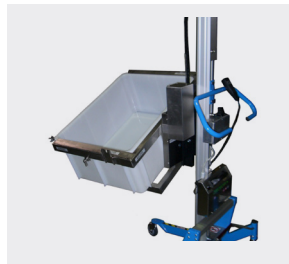
Prong



V-Block



Lifting Forks



Box Tilter



Squeeze & Turn



Expand & Turn



Telescopic Column - to clear low objects and then lift high



Double Column - for increased lifting capacity and stability

## Tools - some of our customized load carriers.



Individual Grippers



Tipping Device



Multi-Forks



Turning Module

- One of our main strengths is that we also develop and manufacture tools in accordance to your specifications.

## Accessories - suitable for all our trolleys.



Platform for Crates



Depository shelf



Platform with V-block



Waste Bag holders



List holder



Holder for battery charger



Folding Ladders



Remote controls

For more information please contact your sales representative.

# References



## Arla Foods - Götene Dairy

Götene Dairy is a frequent user of Pronomic lifting equipment. This time they needed a solution for lifting rolls weighing 75 kg. They chose Lift & Drive 175P with Squeeze & Turn.

” Pronomic has a very good solution with squeeze and turn function which can manage the big rolls we handle every day. The central brake and directional lock on the rear wheels were also something we thought made the handling of the trolley very easy.”

Jonas Björkdahl, Technician, Arla Foods Götene Dairy.



## SIA Glass AB.

At the new premises of Sia Glass they discovered an issue, they needed to lift boxes of ingredients up high to reach a funnel. The solution became a 130P so that they could lift the boxes to the right working height.

” PRONOMIC’s solution suits us perfectly for this purpose when the lift carriage 130P lifts higher than most in the market and has a high lifting speed! ”

Gert-Ove, Maintenance Manager, SIA Glass AB



# Lift & Drive IE

## The compromise that meets the tougher requirements.

These are stable, manoeuvrable trolleys with a low weight, which can be equipped with a number of different tools.

### A welded chassis

This chassis meets the tough requirements of industrial environments. Choose standard wheels or small wheels to get the cart low-built.

### Load capacity

Manages weights up to 90 kg.

### Variable lifting heights

Lifting columns are available in three standard heights.

### Tools

Specifically for the IE solutions, there are customized forks that are available for a standard price. We also have a large number of standard tools, such as a lifting platform, a platform with side rollers, a roller platform, a prong, v-block, etc.

### Foot brake

A pedal-activated brake on the rear wheels.



”  
IE-trolleys  
gets the work done  
ergonomically and  
safely in a wide range of  
industries all around the  
world.

”

# Tools

- IE-trolleys can be equipped with a variety of standard tools that make the trolley a very flexible lifting aid at an affordable price.



Platform



Platform Protection, stainless



Platform with edge rolls



Expand &amp; Turn Light



Roller Platform with front loading and locking



Roller Platform with side feeding and locking



Prong

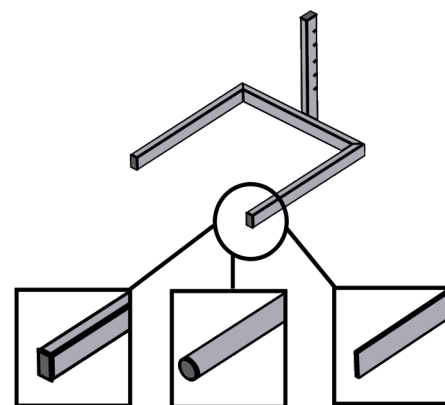


Scales

## Standard forks - made to required measure

Choose if you wish to have angular, round or flat-steel tubes and enter a length and width between 50 mm - 500 mm. We will then manufacture a customized fork for you.

## Customized - for the standard price



For more information please contact your sales representative.

## References



### Aros Electronics Ltd.

Lifting electronic parts up onto and from high shelves. The trolley is made in accordance to ESD standards. We chose to attach a ladder for the operator to reach items up on the shelves.

” PRONOMIC’s columns that come in many different heights with a ladder, were able to meet our needs at a reasonable price. A PRONOMIC salesman quickly came round for a visit and shortly thereafter lent us a trolley that we were able to test on site. All this made us confident we could buy Lift & Drive. PRONOMIC were very helpful, acted quickly and provide a very good quality product. ”

Albin Oscarsson, Lagerchef, Aros Electronics AB



### Coop

The trolley is used in the bakery, where it is used to lift sacks of flour and sugar, but also crates, cartons, trays and other items.

” Since we started using PRONOMIC’s lifter we feel less strain on our backs and shoulders. It’s great if you need to lift the flour, sugar and other baking ingredients. We really recommend these lifting solutions from PRONOMIC! ”

Linda Kosterhed, Pastry Chef. Coop



”  
...use our trolleys to  
improve efficiency  
and ensure safe  
handling.

”

## Lift & Drive E

### Our neat, little one - with many different appearances

70E and 90E are our light weight and slim lift trolleys. Often supplied in their standard version, but also available as customized versions.

### The chassis

Only 435 mm wide, which makes it very flexible and manoeuvrable.

### Different sizes of wheels

Choose from standard or low-built wheels to adapt the trolley to your working environment.

### Tools

We have a large number of standard tools and lifting forks, but for the E-trolleys we have also developed special tools intended to be used in pharmacies, kitchens and archives.

### Load capacities

The trolleys are available in load capacities of 70 kg and 90 kg.

### Lifting columns

We have columns in different heights to suit your requirement.

### Foot brake

A pedal-activated brake on the rear wheels.

## Tools - some of our customized load carriers.



Platform



Platform Protection, stainless



Platform with edge rolls



Platform with recess



Folded Platform for containers



Fork for crates, with fold-down platform



Prong



Dual Platform for archiving

## Accessories - suitable for all our trolleys.



Platform for Crates



Depository shelf



Platform with V-block



Waste Bag holder, single



List holder



Holder for battery charger

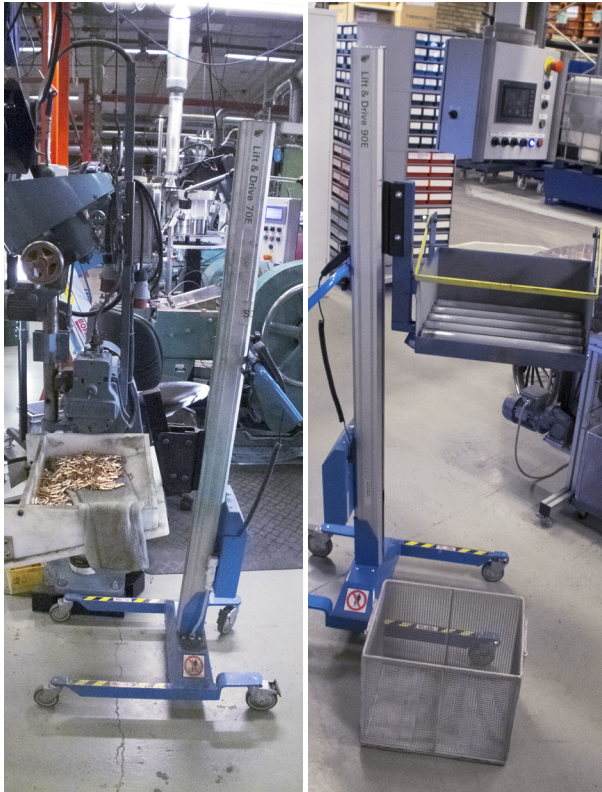


Foldable Ladders



Remote Controls

# References



## Norma Precision Ltd.

Produces small caliber ammunition for hunting and shooting, about 60 million cores and about 35 million cartridges, in 110 different calibers. A large-scale production with many different work processes which include moving around and lifting cartridges, led cores and projectiles.

”The fact that we have bought more than 35 trolleys speaks for itself, and we are very pleased with them! The trolleys have replaced conveyor belts in several places in our production facility. The lifters really help us with lifting and moving goods around. And it makes work processes more ergonomic, simpler and and much more flexible.”

Patrik Olsson, Production dept., Norma Precision Ltd



## Direkt Chark AB

Use trolleys to replace rolls in a packaging machine. Rolls weigh approximately 40 kg.

”The PRONOMIC trolleys mean that staff no longer need to lift heavy rolls around. The units are very easy to manoeuvre. PRONOMIC visited our site, took measurements and and looked at what kind of restrictions our manufacturing facilities had. After that, they lent us a trolley on trial, so we could feel secure when deciding to invest. We chose stainless steel trolleys from PRONOMIC and are very happy we did so!”

Christian Dokakis, head of dept., Direct Chark Ltd.

# About Pronomic

PRONOMIC has since 1989 developed lifting solutions for several different industries.

Our ergonomically adapted products and solutions help our customers increase productivity and at the same time improve the working environment in all industries. With our trolleys you lift more easily while you spare your arms, shoulders, back and knees and streamline your work.

We are experts in solving problems with material handling up to 325 kg. We constantly work with innovation and development of new products.

Our lifting solutions take over where a forklift leaves and collects material. A unique modular concept forms the basis of our electrical trolleys. Our process always begins with a thorough analysis. The module concept gives us virtually unlimited possibilities to build a trolley adapted to each customer's needs.

All development, design and production of our lifting solutions take place at our own premises in Sollentuna just outside Stockholm.

Through a network of our own subsidiaries and partners, our trolleys are sold worldwide.

PRONOMIC is part of Sunnex Lifting Technology Group ([www.sunnexlifttech.com](http://www.sunnexlifttech.com)). The Group offers a market leading range of lifting and handling equipment such as mobile lifters, cranes, overhead rail systems as well as mobile and static scissor lift tables and mezzanine goods lifts.

## Ergonomics & economics go hand in hand

For companies to think ergonomically is to think about the economy. It has been proven that even lifting items as light as 5-10 kg can cause repetitive strain injuries.

Our products not only spare the body from heavy lifting, but it also reduce sick leave due to work related and repetitive strain injuries, which leads to less expenses for the company.

PRONOMIC contributes to creating healthier workplaces.

**For more information please contact your sales representative.**

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